



TIME	<b>SATURDAY 28. JUNE</b>	SUNDAY 29. JUNE	MONDAY 30. JUN	
11.00		<b>MORNING CHOIR WITH TØS</b> (11:00 to 11:30)	<b>MORNING CHOIR WITH T</b> (11:00 to 11:30)	
<b>12.00</b>		<b>SAUNA BUS BY SAUNA85</b> at Volunteers' Garden	<b>FUTURE WORKSHOP</b> by Team D & The Democratic Enterprise T (12:00 to 13:00)	
		(12:00 to 19:00)	<b>SAUNA BUS BY SAUNA8</b> at Volunteers' Garden (12:00	
13.00		<b>GAMES &amp; PLAY W. VILLADS BUGGE</b> Pop up (12:00 to 17:00)	<b>GAMES &amp; PLAY W. VILLADS</b> Pop up (12:00 to 17:0	
<b>14.00</b>	<b>MUSIC BINGO BY URBAN 13</b> (14:00 to 15:00)	<b>MUSIC BINGO BY URBAN 13</b> (14:00 to 15:00)	MUSIC BINGO BY URBAN (14:00 to 15:00)	
		<b>VOLUNTEER PORTRAITS</b> by Chris Rini (14:00 to 19:00)	<b>VOLUNTEER PORTRAIT</b> by Chris Rini (14:00 to 19	
15.00		FOLK DANCE BY VILLADS BUGGE (15:00 to 15:45)		
16.00		<b>VIRTUAL REALITY EXPERIENCES</b> (16:00 to 17:00)	<b>VIRTUAL REALITY EXPERIE</b> (16:00 to 17:00)	
17.00				
18.00		FRIENDS & RHYMES (18:30 to 20:00)	<b>FRIENDS &amp; RHYMES</b> (18:30 to 20:00)	
<b>19.00</b>	<b>CELEBRATION OF THE VOLUNTEERS</b> (19:00 to 21:00)			
20.00				
21.00			<b>DJ JOHN VINCENT</b> (21:00 to 01:00)	

# **30. JUNE**

OIR WITH TØS o 11:30)

by Team Dreamers interprise Think Tank o 13:00)

**BY SAUNA85** den (12:00 to 19:00)

**. VILLADS BUGGE** 00 to 17:00)

BY URBAN 13 o 15:00)

PORTRAITS 14:00 to 19:00)

**Y EXPERIENCES** o 17:00)

# **TUESDAY 1. JULY**

**MORNING CHOIR WITH TØS** (11:00 to 11:30)

SAUNA BUS BY SAUNA85 at Volunteers' Garden (12:00 to 19:00)

**GAMES & PLAY W. VILLADS BUGGE** Pop up (12:00 to 17:00)

**MUSIC BINGO BY URBAN 13** (14:00 to 15:00)

**VOLUNTEER PORTRAITS** by Chris Rini (14:00 to 19:00)

FOLK DANCE BY VILLADS BUGGE (15:00 to 15:45)

**VIRTUAL REALITY EXPERIENCES** (16:00 to 17:00)

**OTS FREESTYLE RAP BATTLE** (20:00 to 21.30)

> **J STILLING** (21.30 to 01.30)

# WEDNESDAY 2. JULY

**MORNING CHOIR WITH TØS** (11:00 to 11:30)

FUTURE WORKSHOP by Team Dreamers & The Democratic Enterprise Think Tank (12:00 to 13:00)

SAUNA BUS BY SAUNA85 at Volunteers' Garden (12:00 to 19:00)

**GAMES & PLAY W. VILLADS BUGGE** Pop up (12:00 to 17:00)

> **MUSIC BINGO BY URBAN 13** (14:00 to 15:00)

**VOLUNTEER PORTRAITS** by Chris Rini (14:00 to 19:00)



# Welcome to Unity – a gathering place for volunteers with morning choir, creative live acts and cocreative activities that amplifies connections between old and new relations and create cozy moments. Check the program for details.

## **CELEBRATION OF THE VOLUNTEERS**

#### SATURDAY 28 JUNE FROM 19:00-21:00

Join us for an evening celebrating our volunteer community and the beginning of the festival. Enjoy cozy activities, delicious refreshments, and fun entertainment. Take the opportunity to share the experience with new and old volunteer friends – whether you're singing along during music bingo, roaring with laughter at the freestyle rap with Grin&Rim, or indulging in a bit of self-care in the Volunteers' Garden.

#### **MORNING CHOIR WITH TØS**

#### SUNDAY 29 JUNE - WEDNESDAY 2 JULY FROM 11:00 TO 11:30

Start your day at Volunteers' Village as TØS fills the morning with song and shares their amazing talents on cello, double bass, guitar, keyboard, and with beautiful vocals.

#### **MUSIC BINGO BY URBAN 13**

#### SUNDAY 29 JUNE - WEDNESDAY 2 JULY FROM 14:00 TO 15:00

The Urban 13 Association provides entertainment, music, and prizes for the sharp music enthusiasts.

#### **SAUNA THERAPY BY SAUNA85 SATURDAY 29 JUNE UNTIL SATURDAY 5 JULY** FROM 12:00 TO 19:00

Saunagus at Sauna85 is a sensory break from everyday life – a guided aromatherapy experience in the sauna with essential oils, heat, and calming music. The gus master creates an atmosphere of peace and presence, where you can breathe deeply and regain your balance. Each session lasts about 75 minutes and includes three rounds with breaks in between for cooling down and reflection. Saunagus sessions will take place during the

time slots 12.00 - 13.15, 14.30 - 15.45, 17.30 - 18.45. Additionally, there will be open sauna from from 13:30 - 14.15 and 16:00 - 17.15.

#### **PLAYS & GAMES WITH VILLADS BUGGE SUNDAY 29 JUNE UNTIL SATURDAY 5 JULY** FROM 13:00 TO 17:00

Get ready to let go of control and rediscover the joy of play! In the Volunteers Village, you'll encounter a troupe of jesters, word-acrobats, poets, actors, and circus performers who will set your body and mind in motion with daily games, quirky challenges, and spontaneous parades. Experience fresh takes on classics like "The King's Successor," traditional folk dance, limbo, tug of war, and skipping rope. Keep an eye out for the hobby horses – they act as living mascots and guideposts for where the crew gathers and the games begin.

Come as you are – and join the fun!

#### **VOLUNTEER PORTAITS BY CHRIS RINI** SUNDAY 29 JUNE - WEDNESDAY 2 JULY FROM 14:00 TO 19:00

Experience the spirit of volunteerism in Volunteers' Village, where improvised portraits honor the volunteers — the true heart of the festival. Chris Rini brings their stories to life, with the live drawings displayed across the screens as a celebration of everyone who makes Roskilde Festival possible

#### **OTS FREESTYLE RAP BATTLE TUESDAY 1 JULY FROM 20:00 TO 21.30**

The rap collective 'On The Spot' brings us impressive and entertaining freestyle rap battles. While the rappers impress with improvised rhymes, YOU as the audience get to decide what the rap should be about — and who among the

Experience a musical comedy show where the boundaries between stand-up comedy and freestyle rap are playfully blurred. Experts from each field showcase their talents before stepping into each other's territory — giving you a chance to see familiar faces navigating uncharted waters.

**OPEN AND ACCESSIBLE FROM** SATURDAY 29 JUNE UNTIL SATURDAY 6 JULY, AROUND THE CLOCK.

eight rappers will leave the event as the ultimate winner!

#### **FRIENDS & RHYMES**

#### **SUNDAY 29 JUNE, MONDAY 30 JUNE FROM 18:30 TO 20:00**

#### **DJ JOHN VINCENT (JVC)**

#### MONDAY 30 JUNE FROM 21:00 TO 01:00

JVC is a DJ and producer from Copenhagen who has turned his love for hip hop into a vibrant life behind the decks. With roots in hip hop and a passion for funk and dancehall, he creates an energetic soundscape that surprises and captivates – both in his live sets and in the studio. JVC has shared the stage with some of Denmark's biggest artists like ICEKiiD, Benny Jamz, and Gilli, and has opened shows for international icons such as Lauryn Hill, Stormzy, and Craig David. With gigs spanning from Brazil to Nigeria, he's left his mark on dance floors around the world.

In 2022, he released his debut album KASAMA, featuring standout collaborations with artists like Desta French and Prettyboy D-O. Today, he cocreates the popular club concepts CLUB LIVE and MAHAL KITA – and no matter where he plays, he turns the dance floor into a party you won't want to leave.

#### **FUTURE WORKSHOP BY TEAM DREAMS &** THE DEMOCRATIC ENTERPRISE THINK TANK

MONDAY 30 JUNE, WEDNESDAY 2 JULY FROM 12:00 TO 13:00 Do associations really have to be endless general

assemblies, dusty agendas, and lukewarm coffee? Absolutely not!

Join us in building your dream version of the Roskilde Festival Charity Society, as Team Dreamers and the Democratic Enterprise Think Tank invite you to a future workshop in Unity. We're tossing the old association structures overboard – and dreaming big!

#### **DJ STILLING**

#### **TUESDAY 1 JULY FROM 21:30 TO 01:30**

Mainstream / UK Garage / Surprises For the past five years, Stilling has been touring Denmark with the country's top freestyle rappers - and he knows exactly how to fire up a crowd. Now he's bringing that same explosive energy to Volunteers' Village with one clear mission: to kick off the party from the very first beat. With an ear for both undeniable crowd-pleasers and unexpected gems, Stilling takes you where anything can happen. From the gritty corners of London's UK Garage scene to shout-along mainstream anthems - eye -and ear-openers from genres you didn't know you loved yet.

#### VIRTUAL REALITY EXPERIENCES (AAU VR) SUNDAY 29 JUNE - TUESDAY 1 JULY FROM 17:00 TO 18:00

Virtual reality experiences centered around sound, all with a shared goal of creating calm at the festival. Through games, music therapy, and interactive scenarios, you'll gain insight into topics such as social overstimulation, festival impressions through autistic senses, and hearing loss.





TIME	SATURDAY 28. JUNE	SUNDAY 29. JUNE	MONDAY 30. JUNE	TUESDAY 1. JULY	WEDNESDAY 2. JULY	THURSDAY 3. JULY	FRIDAY 4. JULY	SATURDAY 5. JULY
10.00		<b>YOGA</b> - ZINA	<b>Yoga</b> - Ki	<b>BAREFOOT YOGA</b> - JEANETT	<b>YOGA</b> - SARAH	<b>YOGA</b> - ZINA	<b>YOGA</b> - SARAH	<b>QI GONG</b> - SUNE
11.00		<b>YOGA</b> - ZINA	<b>PRANAYAMA/</b> NIDRA - KI	<b>GROUNDING</b> - CELINA	<b>YOGA</b> - SARAH	<b>YOGA</b> - ZINA	<b>PRANAYAMA/</b> NIDRA - KI	<b>GROUNDING</b> - CELINA
<b>12.00</b>		<b>FASCIAL MASSAGE</b> - JEANETT	<b>CALMING EAR</b> <b>AKUPRESSUR</b> - JEANETT	<b>CALMING EAR</b> <b>AKUPRESSUR</b> - JEANETT	<b>PILATES</b> - IBEN	SOUND MEDITATION - COLETTE	<b>YOGA</b> - SARAH	SOUND MEDITATION - COLETTE
13.00	SIESTA	SIESTA	SIESTA	SIESTA	SIESTA	SIESTA	SIESTA	SIESTA
		<b>LATIN DANCE</b> - CASA BAILAR		<b>LATIN DANCE</b> - CASA BAILAR		<b>LATIN DANCE</b> - CASA BAILAR		
14.00		<b>GROUNDING</b> - CELINA	<b>YOGA</b> - SARAH	<b>YOGA</b> - ZINA	<b>PRANAYAMA/</b> Nidra - Ki	VISUALIZATION Practice - Celina	<b>YOGA</b> - JEANETT	
15.00		SOUND MEDITATION - COLETTE	SOUND MEDITATION - COLETTE	SOUND MEDITATION - COLETTE	SOUND MEDITATION - COLETTE	<b>PILATES</b> - IBEN	SOUND MEDITATION - COLETTE	
16.00		VISUALIZATION Practice - Celina	<b>Yoga</b> - Sarah	<b>Yoga</b> - Zina	<b>Yoga</b> - Ki	<b>QI GONG</b> - SUNE	<b>QI GONG</b> - SUNE	
17.00		<b>LATIN DANCE</b> - CASA BAILAR		<b>LATIN DANCE</b> - CASA BAILAR		<b>LATIN DANCE</b> - CASA BAILAR		
18.00		<b>LATIN DANCE</b> - CASA BAILAR		<b>LATIN DANCE</b> - CASA BAILAR		<b>LATIN DANCE</b> - CASA BAILAR		
19.00								
20.00	<b>CELEBRATION</b> OF THE VOLUNTEERS							



# **VOLUNTEERS' GARDEN**

Welcome to Volunteers' Garden – a cozy and calm gathering place for volunteers. Here you can land, recharge, and reconnect with yourself. A peaceful and beautiful place just for you who give of your time and energy. We have many diferent clases of Yoga, we have Pilates, Qi Gong, Sound Meditation, Dancing, Grounding, Fascial Massage, calming ear acupressure, knitting, painting, outdoor games and a lot of other awesome activities and you are invited to join all of them. Check the program to see when our activities are open.

#### **CELEBRATION OF THE VOLUNTEERS**

#### **SATURDAY 28 JUNE FROM 19:00 TO 21:00**

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#### **SAUNA THERAPY BY SAUNA85**

## **SATURDAY 28. JUNE UNTIL SATURDAY 5. JULY** FROM 12:00 TO 19:00

Saunagus at Sauna85 is a sensory break from everyday life - a guided aromatherapy experience in the sauna with essential oils, heat, and calming music. The gus master creates an atmosphere of peace and presence, where you can breathe deeply and regain your balance. Each session lasts about 75 minutes and includes three rounds with breaks in between for cooling down and reflection. Saunagus sessions will take place during the time slots 12.00 - 13.15, 14.30 - 15.45, 17.30 - 18.45. Additionally, there will be open sauna from from 13:30 - 14.15 and 16:00 - 17.15.

## YOGA **SUNDAY 29 JUNE UNTIL FRIDAY 4 JUNE**

Diferent types of Yoga that we invite you to join:

NIDRA - yogic sleep a state between waking and sleeping.

**PRANAYAMA** - breathing techniques.

HATHA - balancing your body and mind through a series of postures and breathing techniques..

VINYASA - moving from one pose to the next in a flowing sequence together with your breath.

**BAREFOOT** - love and care for your feet. You can only join if you have clean feet, use the opputunity to get a lovely footbath.

# **ACTIVITIES SUNDAY 29 JUNE UNTIL SATURDAY 5 JUNE**

**FASCIAL MASSAGE** - refers to the connetive tissue that covers and supports muscles throughout your entire body. Tension releasing self massage class.

PILATES - a system of exercises to promote strength, stability and flexibility.

QI GONG - exercises to optimize energy within the body, mind and spirit.

- relaxing class where the instructor place little seeds at specific acupressure points in your ear.

**SOUND MEDITATION** - beautiful self loving meditation class to release and unwind.

**GROUNDING - PRESENCE RELAXATION** - You perform exercises where you land in your grounding.

**VOLUNTEERS' GARDEN IS OPEN** AND ACCESSIBLE FROM SATURDAY 28 JUNE UN-TIL SATURDAY 6 JULY, **AROUND THE** CLOCK

# **CALMING EAR ACUPRESSURE**

# **DECORATION AND FOOT BATH**

#### **SUNDAY 29 JUNE UNTIL SATUDAY 5 JUNE**

You can come every day and get decorated with a little glitter around your eyes. Find our fresh Glitter volunteers at the Styling Tent between 11:00-19:00. Some days you can get decorated with fine and simple face painting. Look for Maria somewhere in the garden.

## DANCE

## SATURDAY 28 JUNE, SUNDAY 29 JUNE, **TUESDAY 1 JULY, THURSDAY 3 JULY**

Experience and dance with the dynamic and lively dance group Casa Bailar. They include and invite everyone into Latin dance, such as Bachata Moves, Salsa Basic, and partner dancing. There will also be pole and pop-up dance. Find them in the garden and let yourself be swept away.